

# TW TRI-WEST HIGH SCHOOL ATHLETICS NEWSLETTER

Edition 1 - 2022, Volume 9

September 19, 2022

[@triwestsports](#)

[Tri-West Athletic Website](#)

## MESSAGE FROM THE ATHLETIC DIRECTOR

### Finishing Strong

I was incredibly proud of our student-athletes, coaches, student body, and community for your efforts at Danville Friday night. You represented our school and community with pride, class, and sportsmanship. Thank you for showing up to support our students. And thank you to our student-athletes for finishing strong, for getting the job done, and getting The Helmet back where it belongs.

We are approaching the IHSAA tournament for our fall teams. As I said to our football team in the huddle following the game Friday night: don't be satisfied. We need to begin to focus on the post season and finishing strong. Keep working hard, putting in the reps, and taking care of business in and out of the classroom. And to our community, thank you for your continued support as we approach the tournament season.



*Mr. Scott Knapp  
Tri-West Athletic Director*

### Sportsmanship vs. Showboating

Showboating. We see it all the time at the professional sports level: flexing after a play, taunting of opposing fans, etc. There is no place for this type of behavior in high school sports. I am all for passion of the game. However, there is a significant difference between athletes exhibiting spontaneous demonstrations of excitement and joy, and showboating by using actions that are rehearsed and specifically performed to intimidate or humiliate other players or teams. This type of behavior often leads to unsportsmanlike conduct and reflects poorly on our teams and school. It's an incredibly selfish attempt for individual attention and a "look at me" attitude that can cost your team penalties and even forfeiture of the game. Overall, it's a bad look when our focus should be competing at a high level. A clearly outstanding performance will have a more profound impact on athletes, coaches, and fans than any amount of showboating.

# GIRLS GOLF SEASON CONCLUDES

Our Girls Golf team ended their season with an 8th place finish in the IHSAA Sectional. The team improved all year long, and we are proud of their efforts. We will miss our senior, Raegan Rameriz. We are grateful for her leadership this season. Congratulations to all our Girls Golf team members on a great season representing our school.



# BRUINS IN THE COMMUNITY

Our Tri-West Cheerleaders hosted an invitational this past Saturday highlighting Childhood Cancer. The money raised will benefit Brook Parker. Thank you to all of the support for the #BeTheMatch initiative and the fight to end Childhood Cancer.



# WEEK IN REVIEW

- Girls Golf defeated North Montgomery and Fountain Central, 212-217-246
- Freshman Volleyball defeated North Montgomery, 2-0
- JV Volleyball defeated North Montgomery, 2-0
- Varsity Volleyball defeated North Montgomery, 3-0
- Girls Varsity Soccer defeated Southmont, 8-2
- Boys Varsity Soccer lost to Lebanon, 0-2
- Boys JV Soccer (1 Half) defeated Lebanon, 2-0
- Girls Golf defeated South Putnam, 198-219
- Girls Varsity Soccer defeated Lebanon, 9-0
- JV Volleyball defeated Monrovia, 2-0
- Varsity Volleyball defeated Monrovia, 3-0
- Freshman Volleyball defeated Lafayette Jefferson, 2-0
- Boys Varsity Soccer defeated Southmont, 8-3
- Girls Varsity Soccer tied Speedway, 1-1
- Girls JV Soccer defeated Park Tudor, 2-0
- Girls Golf Team finished 8th out of 12 teams in the IHSA Sectional Championship
- Varsity Football defeated Danville, 24-21
- JV Volleyball defeated Culver Academy, Rossville, and Fishers. They lost in the finals to Harrison at the William Henry Harrison JV Invitational
- B/G Cross Country competed at the Golden Spike Invitational; results pending
- JV Football defeated Danville, 20-14

## TRI-WEST HIGH SCHOOL ALL-SPORTS PASSES



## TW STATUE REMINDER

**If you have been to State Bank Stadium, you have likely seen the TW Statue in the Jeff Gordon Legacy Plaza. Please be mindful that this is not a seating area, as it is a special piece of our newly renovated stadium. To ensure it stays intact for years to come, we kindly ask that you and your children refrain from climbing on the TW.**



# COACH WORL'S WORLD

## WEIGHT ROOM SCHEDULE SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
29	30	31	1 APE: Strength Training After School - 5p Cheer/Girls BB - 6p	2 APE: Vertical and 40 testing After School - 4:45p	3	4
5	6	7	8	9	10	11
<b>CLOSED: Labor Day Football: 11 - 11:45a</b>	APE: Strength Training After School - 5p Cheer/Girls BB - 6p	APE: Strength Training Team Competition After School - 4:30p	APE: Strength Training After School - 5p Cheer/Girls BB - 6p	APE: Strength Training After School - 4:45p		
12	13	14	15	16	17	18
APE: Strength Training After School - 5p	APE: Strength Training After School - 5p Cheer/Girls BB - 6p	APE: Competition Day - Turf After School - 4:30p	APE: Strength Training After School - 5p Cheer/Girls BB - 6p	APE: Strength Training After School - 4:45p		
19	20	21	22	23	24	25
APE: Strength Training After School - 5p	APE: Strength Training After School - 5p Cheer/Girls BB - 6p	APE: Athletic Enhancement After School - 4:30p	APE: Strength Training After School - 5p Cheer/Girls BB - 6p	APE: Strength Training After School - 5p		
26	27	28	29	30	1	2
APE: Strength Training After School - 5p	APE: Strength Training After School - 5p Cheer/Girls BB - 6p	APE: Athletic Enhancement After School - 4:30p	APE: Strength Training After School - 5p Cheer/Girls BB - 6p	APE: Strength Training After School - 5p		
3	4	5	6	7	8	9

## APE (Advanced Physical Education) Weekly Theme

**DEDICATION/  
COMMITMENT**

Your talent is what was in you before you were born. Your skills are what you put in yesterday. Commitment is what you must put in today in order to make today your masterpiece and make tomorrow a success.

**APE Performers  
of the Week**



# CONGRATULATIONS TO THESE BRUINS



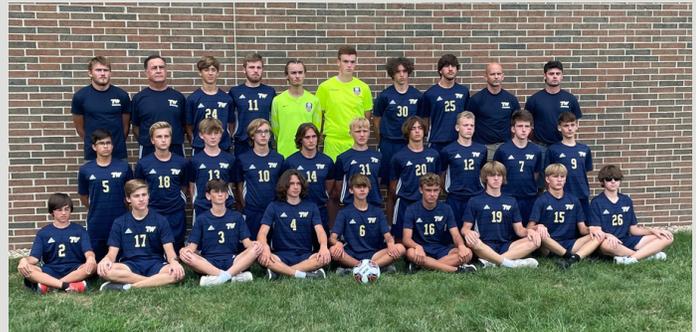
Congratulations to our Girls Golf Team for defeating North Montgomery, Fountain Central, Southmont, and for finishing 8th in the IHSAA Sectional Championship



Congratulations Varsity Volleyball for defeating North Montgomery and Monrovia



Congratulations to Girls Varsity Soccer for defeating Southmont and Lebanon



Congratulations Varsity Boys Soccer for defeating Southmont



Congratulations Varsity Football for defeating Danville



Thank you to our outstanding student section!

# UPCOMING EVENTS

## Monday, September 19

5:30/7:15 PM Boys Varsity/JV(1 Half) Soccer @ North Montgomery

5:30/7:15 PM Girls Varsity/JV Soccer vs. North Montgomery, **HOME (State Bank Stadium), Breast Cancer Awareness Night- Pink Out**

## Tuesday, September 20

5:30/6:30/7:45 PM F/JV/Varsity Volleyball @ Cascade

6:00 PM Boys JV Soccer vs. Speedway, **HOME, (Grass Field)**

## Wednesday, September 21

5:30/7:15 PM Girls Varsity/JV Soccer @ Danville

6:00/6:00/7:15 PM F/JV/Varsity Volleyball @ Crawfordsville

## Thursday, September 22

6:00/6:00/7:15 PM F/JV/Varsity Volleyball @ Brebeuf Jesuit

6:00 PM Boys Varsity Soccer vs. Bethesda Christian, **HOME (State Bank Stadium), Senior Night**

## Friday, September 23

7:00 PM Varsity Football @ Lebanon, **THEME: Hawaiian!**

## Saturday, September 24

9:30 AM B/G Cross Country @ Clinton Central Invitational

10:00 AM Varsity Volleyball @ Brebeuf Jesuit Invitational

10:00 AM JV Football vs. Lebanon, **HOME (State Bank Stadium)**

11:00 AM/1:00 PM Girls JV/Varsity Soccer @ Frankfort

11:00 AM/1:00 PM Boys Varsity/JV Soccer @ Frankfort

12:00 PM Competition Cheer @ Mount Vernon Invitational



**FRIDAY  
THEME  
HAWAIIAN**





**TWHS BOYS AND  
GIRLS SOCCER  
TEAMS INVITE YOU  
TO THEIR ANNUAL**

**TRI-WEST  
PINK OUT  
GAME**

**This game is a way to give support to a  
local family that is battling Cancer.  
This year the proceeds will go to**

**BROOK PARKER**

**WE WILL HAVE BASKETS  
TO RAFFLE OFF PINK  
LEMONADE FOR SALE  
AND ALL PROCEEDS  
FROM CHICK-FIL-A  
WILL BE DONATED**

**GIRLS GAME IS MONDAY, SEPT 19TH  
BOYS GAME IS TUESDAY, SEPT 27TH**