

TW TRI-WEST HIGH SCHOOL ATHLETICS NEWSLETTER

Edition 2 - 2023, Volume 19

November 13, 2023

[@trivestsports](#)

[Tri-West Athletic Website](#)

Building Tomorrow's Leaders Today

MESSAGE FROM THE ATHLETIC DIRECTOR

EFFORT AND PERFORMANCE

Effort and performance do not always go hand in hand. You may put forth a great effort in the classroom or on the field/court of play, but the result may not be the grade you wanted or a win for you or your team.

So what do you do? It can be discouraging and even frustrating, but I want to assure you that consistent, long-term effort will pay off.

Whether it is studying or practicing your sport, you can't "cram" in a short period of time everything you will need to be successful. You must have the discipline to daily and weekly put in the time and effort to achieve success.

Great athletes never settle--they continually strive to improve in all aspects of their sport. They make sacrifices, put in the time, and hate losing more than they love winning.

Your outcomes will definitely improve if you focus your effort every day in practice (and outside of practice). Improvement will come and so will success.



*Mr. Scott Knapp
Tri-West Athletic Director*



COACH WORLD'S WORLD



Quote

Monday 11/13

Tuesday 11/14

Wednesday 11/15

Thursday 11/16

Friday 11/17

"The healthiest competition occurs when average people win by putting above average effort."

Colin Powell

APE: Max Effort Lower Body

After School Sprints & Strength Training
3:50 - 4:45p

APE: Max Effort Upper Body

After School Sprints & Strength Training
3:50 - 4:45p

APE: Indoor Sprints

After School Sprints
3:50 - 4:30p

APE: Dynamic Effort Lower Body

After School Sprints & Strength Training
3:50 - 4:45p

APE: Dynamic Effort Upper Body

After School Sprints & Strength Training
3:50 - 4:45p

WINTER SPORT PROGRAM

The 2023-2024 Winter Sport Program advertisements are available for purchase. The Winter Sport Program is also a perfect place to put a Senior Shout-Out for your favorite Senior. See the attached form to purchase yours today! Deadline for purchase is November 27th.

2023-2024 Winter Sports Program

Thank you for considering placing an advertisement in our Winter Sports Program. Your generous support of our student-athletes and athletic programs is greatly appreciated by the Athletic Department. The Winter Sports Program will be available at all home athletic events this winter including Boys & Girls Basketball, Boys & Girls Swimming, and Boys & Girls Wrestling. The full page, half page, quarter page, and business card sized advertisements will be placed throughout the program among the Winter Sport team photos, rosters, schedules, and other information. This is also an excellent way to post a Senior shout-out. Please select from the following options:

ADVERTISEMENT SIZES & RATES

Selection <input checked="" type="checkbox"/>	Size	Dimensions	Black & White Pricing	Color Pricing
	Business Card	Approximately 1 ½" x 3"	\$40.00	\$50.00
	¼ Page	Approximately 4" x 5"	\$70.00	\$80.00
	½ Page	Approximately 5" x 8"	\$125.00	\$140.00
	Full Page	Approximately 8" x 11"	\$225.00	\$250.00

CONTACT INFORMATION

Name _____

Business Name (if applicable) _____

Address _____

City _____ State _____ Zip Code _____

Phone _____ Email _____

Please contact the Athletic Department with any questions. You can send Advertisement/Senior Shout-Out layouts directly to Mr. Knapp, knappsc@hendricks.k12.in.us

Submissions are due by November 27, 2023

Please make checks payable to the Tri-West Athletic Department. Forms and checks can be dropped off at the Athletic Office. Please contact the Athletic Department to make other arrangements if necessary.

FALL AWARDS PROGRAM

- The TW Fall Awards Program will be **TONIGHT**, November 13th in the Main Gym at 6:30 PM.

WEEK IN REVIEW

- Girls JV Basketball defeated Perry Meridian, 39-25
- Girls Varsity Basketball defeated Perry Meridian, 57-47
- Girls JV Basketball defeated Crawfordsville, 45-6
- Girls Varsity Basketball defeated Crawfordsville, 52-10
- Girls Wrestling Kambyr Posey and Kenzee Lester both went 3-1 at the Purdue Polytechnic Invite
- Varsity Football lost to Gibson Southern, 38-21

TRI-WEST HIGH SCHOOL ALL-SPORTS PASSES



Click here for more information on 2023-24 All-Sports Passes



CONGRATULATIONS TO THESE BRUINS

**Congratulations
to Girls
Basketball for
defeating Perry
Meridian and
Crawfordsville**



**Congratulations Liv
Malicoat, Audrey Lowry,
and Taylor Bennett for
signing to play at the
next level**



**Congratulations to our
Football team for an
excellent season**



UPCOMING EVENTS

Monday, November 13

6:30 PM Fall Sports Awards Program, **TWHS Main Gym**

Tuesday, November 14

6:00/7:30 PM Girls JV/Varsity Basketball @ Heritage Christian

6:00 PM Girls Swimming vs International School, **HOME**

Wednesday, November 15

6:00 PM Boys Basketball vs Christel House Manual (Scrimmage), **HOME, TWHS Main Gym**

Thursday, November 16

6:00 PM Girls Swimming vs North Putnam, **HOME**

Friday, November 17

6:00/7:30 PM Girls JV/Varsity Basketball @ Danville

Saturday, November 18

9:00 AM Girls Wrestling @ Ben Davis Invitational

2:00 PM Tri-West High School Open House

NEW Winter Bruin Spirit Wear Available [HERE!](#)

Visit **TRI-WEST!**

OPEN HOUSE:

SATURDAY, NOV. 18, 2023 2-5PM

Meet our exceptional educators. Tour our facility.
Learn about the endless opportunities at Tri-West.

www.hendricks.k12.in.us.com

Jeff Gordon Legacy Plaza Bricks

TRI-WEST HIGH SCHOOL

BE A PART OF HISTORY - BUY AN ENGRAVED BRICK TO BE PLACED AT THE MAIN ENTRANCE OF OUR BEAUTIFUL STATE BANK STADIUM

NAME

PHONE

EMAIL



BRICK INFORMATION

Please print legibly. Maximum of 18 characters (including spaces) per line. If you wish to put a corporate logo on your brick order there will be a \$50 service fee. Make checks payable to Tri-West High School Athletics. The Athletic Department will reach out with further information. Please complete the form and return to: Tri-West High School, Attn. Scott Knapp, 7883 North State Rd., 39 Lizton, IN 46149.

LINE 1 TEXT

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----- 8 X 8 BRICK \$500



----- 4 X 8 BRICK \$250



LOGO (8 X 8 BRICK(S) ONLY)

Baseball	Softball	Cross Country	Golf
Soccer	Tennis	Swimming	Volleyball
Wrestling	Cheerleading	Track	Corporate
Basketball	Band	Football	Bruin